

The Transmitter

Covering all of Iowa and the best parts of Illinois and Nebraska/Winter 2011



Winter 2011

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The Go-To Toastmaster

By Thomas Lindaman, DTM, District 19 Governor

Although we all come from different backgrounds, District 19 Toastmasters tend to have some common traits, not the least of which is helpfulness. There's always a Toastmaster ready to give a speech or fill a meeting or contest role at a moment's notice.

If you're one of these "Go-To Toastmasters," thank you.

If you're not, why not?

Opportunity doesn't always happen when you're ready for it. Being prepared for anything, or at least looking like you're prepared,



comes with the territory in Toastmasters because anything can happen. If you have someone who always seems to have a pocket speech handy or is willing to help out at a club meeting or a speech contest, it's easy to rely on that person always being there.

Now, remember what I said about how anything can happen in Toastmasters? Sometimes, that "Go-To Toastmaster" is absent for one reason or another. Then what? That's when you can find the "Go-To Toastmaster" inside of you. It doesn't take a special manual or a certain Toastmasters designation either. All it requires is the willingness to help and the fearlessness to take a chance.

As District Governor, I've been the "Go-To Toastmaster" a time or two, but I love it

Go-To, continued page 2

The New Year, Resolutions and You

By LeAnn Blankenburg, DTM, District 19 Lt. Governor Education & Training

January 1 comes only once a year and many people make resolutions to complete something positive.

How do you know if you have completed your New Year's resolution?

In Toastmaster's, we call these resolutions goals because we can have the speech projects in hand and set specific dates and deadlines to get these goals accomplished.

Now is a great time for you to check up on the education goals that you set at the Toastmasters "New Year" on July 1, 2010. Where are you in regard to meeting

your goals? Are you on course for completing them? Do you need to work closer with your club VP of Education to get a speech schedule set up?

Consider attending your next local Toastmasters Leadership Institute (TLI). You do not need to be an officer to attend TLI. TLI sessions are wonderful opportunities to network with



Resolutions, continued page 2

A New Look for the New Year

Kueier Chung, DTM, Lt. Governor Marketing

Happy New Year, my fired-up fellow Toastmasters! After the busy December, we now come to the peaceful January.

Although common advice is, “Don’t make them, then you can’t break them,” many people have in fact made New Year’s resolutions. These resolutions most likely include developing good habits, such as dieting, exercising, and saving money, or quitting bad ones, such as smoking, whining, or couchpotatoing.

I was surprised, however, by a different sort of possible resolution in an email I received in which someone wanted to become a Toastmaster in January 2011. And even more surprising was my non-Toastmaster son, who joined the Army to escape from the House of a Majority of Toastmasters, telling me that he was going to join TM in North Carolina after the holidays.

Whether we make a resolution or not, the New Year gives us new hopes and brings us new perspectives. To continue to grow as a Toastmaster, why not try a new challenge? Here are some of the things you might try for 2011:

- Work on a new Toastmasters manual.
- Invite a guest if you have never before done so.
- Recruit a new member using your persuasive power.
- Conduct a meeting with an innovative idea.
- Visit another club.
- Chair a PR or membership contest committee.
- Organize a team to conduct a special meeting for your club.
- Conduct a Speechcraft or a Youth Leadership program.
- Talk to another organization’s leader about Toastmasters.

Resolutions, from page 1

Toastmasters leaders, to acquire fresh ideas, to keep your energy level high, and to maintain focus on your personal growth and development. Check the District 19 calendar at <http://www.district19.me/calendar.htm> for remaining TLIs in your division. Good luck with your goals!

leann_blankenburg@yahoo.com

- Write an article for the District 19 Update or Transmitter.
- Be a friend to a guest and send a follow-up email.
- Be a mentor for a new member or an existing member.
- Email encouragement to a fellow member.
- Enter a club speech contest.
- Attend a Toastmasters conference—for example, the upcoming District 19 spring conference in Ames.
- Visit a club while traveling in another state or country.
- Coach a club.
- Help build a new club.



Simple things can help unlock our potential. Baby steps can help us reach our Toastmasters goals. And a little challenge can enrich our 2011. I wish everyone a new year of fulfillment and happiness.

Contact Kueier Chung at 515-292-1609 or kueierchung@yahoo.com

Go-To, from page 1

every time I get the chance to do it because it's such a great message for Toastmasters of all experience levels to receive. It shows the importance of being a servant as well as a leader, and there is no better way to underscore both than to help when asked.

It's great to know that you have a "Go-To Toastmaster" to fall back on, but it's even better to be that "Go-To Toastmaster." What are you waiting for? Start the Fire within you and be a "Go-To Toastmaster"!

TLindamanDTM406@aol.com

How We Communicate in District 19

Julia Venzke, DTM, District 19 Public Relations Officer

When I became your PRO, I wondered, *How effectively is information being disseminated in District 19?*

I created a communications survey about three vehicles of D19 communication and distributed it to club members at area conferences, at Founder's Day meetings, and at the D19 Fall conference. I received thirty seven responses. Here are the results:

District 19 website

Eighteen members say they use the website several times a month. Four use it several times a week. The top three items sought were: conference information, district officer contact information, and documents/resources. Suggestions for items to be added to the site included: Area/Division contest results, videos of contest winners, conference session summaries, and District Bylaws and Executive Committee / District Council meeting minutes. Five survey respondents didn't know we had a district website, so let's get the word out about [http://district19.me!](http://district19.me)

District 19 Update

This is the email update sent to District and club officers every two weeks. Nineteen respondents rated the amount of content just right. Twenty six recipients found the information useful, and twenty one liked the distribution schedule.

I was concerned that only nine of these officers forward the Update to their club members. Officers,

please ensure this update is shared with these people so that all of our members are up-to-date on district events.

The Transmitter Newsletter

The District 19 newsletter is found on the district website via the District News button on the home page. A link to the latest newsletter is also sent out in a special Update Alert.

Twenty-nine survey respondents read the Transmitter, and say it has the right amount of content.

Suggestions for future articles include more profiles on clubs, info on special club activities, and more member spotlights.



This small sample of member responses assures me that a majority of people are aware of and utilize these modes of communication, but we should always remember to refer our new members to these resources.

What else should be we doing? What is on my mind right now is Twitter, a service where messages consisting of 140 characters or fewer are sent to you via text, posted on Facebook, etc.

Do you tweet? Want to start? If so, email me at jvenzkeDTM@gmail.com and let me know whether this would be a good way to send out news to district members about last-minute cancellations, breaking news, etc. I'll report the results in an upcoming Update.

Another project I'll be working on is creating a District 19 section on YouTube. I envision this as a place for videos of winning D19 speeches, table topics, and evaluation responses as well as special Toastmasters events. Stay tuned!

District 19 2010-2011 Public Relations Team

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iToast Toastmasters Special Meeting February 27

By Kayoko Kimura, iToast #184 President, Town and Club #875 Treasurer

iToast Toastmasters Club # 184 will conduct a special meeting on Sunday, February 27 from 2:00 to 3:30 p.m. in the Community Room (second floor) of the Ames Public Library, 515 Douglas Avenue, Ames. The theme is Expectation vs. Reality: a Multicultural Perspective of the USA.

These five people will speak on the meeting's theme: Kayoko Kimura, originally from Japan, now American; Kim Lau from Malaysia; Ki-hwan from Korea; Andy Jordan from the USA; and Takanori Haga from Japan.

Speeches will be based on what we expected in the US and its reality. Those of us who are foreign-born citizens or who are visiting the United States to study have had certain expectations of the US. After coming here, we found that reality was sometimes different. American-born citizens also have some expectations of the US. We know the reality, yet we still keep our expectations and hopes.

A discussion will follow the team presentation. Everyone is welcome to participate in this portion of the meeting

If you have questions or would like more information, contact Kayoko Kimura kkimura@iastate.edu

2011-12 Positions Available

District 19 Librarian

Be the caretaker and dispenser of the District 19 Library which consists of educational modules, books, advanced speech manuals, educational materials from past World Champions of Public Speaking, and more.

For information on checkout procedures and lists of library contents, go to <http://district19.me> and click on the Lending Library link. The current District Librarian, Julia Venzke, will be stepping down so she can focus on the District 19 Historian role. If you are interested in this appointed position, contact Julia at jvenzkeDTM@gmail.com She will pass your name on to the incoming 2011-12 District Governor.

Transmitter Editor

Hone your writing, editing, and layout skills by being the Transmitter editor. It's a fun and challenging job and a great way to meet wonderful new people.

Contact Diane DeBok at diane-debok@uiowa.edu

TLI Makeup Dates and Division Conferences

TLI Makeup Dates

Area 12 Makeup TLI
9 am - 12 pm, January 29, 2011
Kaplan University, Mason City, IA
Contact: Vicky Lobmeyer at vickylobmeyer@yahoo.com

Cedar Rapids Makeup TLI

5:30-7:30 p.m., January 31
Cedar Rapids Public Library, Westdale Mall
Contact: Anne Chapman at annieactive@hotmail.com

Iowa City/Coralville Makeup TLI

5:-30-8:30 pm, February 7
Iowa City Public Library, Iowa City, IA
Contact: Betty Dizard at daa2heart@yahoo.com

Upcoming Division Conferences

Division A
Saturday, April 30, 2011
9:00am – 12:30pm
Location TBA
Contact: Marty Haas at M.Haas@gwccnet.com

Division B

Saturday, May 7, 2011
Registration 9:00 am, Contests 9:30 - Noon
Kirkwood Community College, Cedar Hall
Cedar Rapids, IA
Contact: Anne Chapman at annieactive@hotmail.com

Division C

April 23, 2011
Time and location to be determined
Contact: Christina Riedel at toastmeister@mchsi.com

Division D

Saturday, May 7, 2011
Registration at 1:00 pm, contests 1:30 - 5:00 pm
Oakwood Road Church
2400 Oakwood Road, Ames, IA
Contact: Henry Chen at hsinhanhenry@gmail.com

Division E

Contact: Keith Nielsen at keith.nielsen@hotmail.com

It's Never Too Late to Join Toastmasters!

by William Eddy, DTM

The Washington club recently welcomed a new member, Elsie Dockendorff, who will be 94 in April. Elsie has four children (all college graduates), five grandchildren, and nine great-grandchildren, but, I was told, she is not old enough to have great-great-grandchildren! Max, her husband, was in the seed corn business.

Her father was born in 1872 and her grandfather was a young man when Lincoln was president. Elise has three sisters and three brothers, all of whom went to college, which was very unusual in the 1930s. Her father was a college professor, farmer, and state legislator.

To earn money for college, Elsie worked for a professor's family. She started to drive at age fourteen and has never had an accident. She was a school teacher and taught home economics, English, and social studies, but she says if she had it to do over, she probably would choose another profession. Instead, she might consider becoming a lawyer to bring justice to the poor and disadvantaged.

Elsie says that the most challenging and enjoyable part of her life was raising her family. She has tried not to interfere in her children's life choices. Her youngest told her that when a person is eighteen,

parents don't have any influence!

Her greatest life lesson was that happiness depends on choices and how we deal with challenges. She is a writing a novel about her life.

Why toastmasters? Elsie says Toastmasters is her next challenge and that she joined to keep her mind working, to exercise her intelligence, and to socialize. She started playing cards at 73 and found that to be a challenge. Let's give her a warm welcome and a lot of great Toastmasters support.



Elsie Dockendorff recently joined the Washington Toastmasters Club

Fifty Years in Toastmasters

Sally Heidt VPPR, High Voltage Toastmasters Club

Cleon C. Babcock of Des Moines was honored as a fifty-year member of Toastmasters at the January 21, 2011 meeting of High Voltage Toastmasters Club, his home club.

Cleon first joined Toastmasters with the Creston, Iowa club in January, 1961. He has held the District 19 offices of Parliamentarian, Lt. Governor, District Governor, and 1968-69 District Governor. He received the Cap Sias Toastmaster of the Year award in 1973. From 1991-93, he was the international president of the American Institute of Parliamentarians.

An active church member and volunteer for local agencies, Cleon is also known as a "real clown" and will attend the Clowns of America spring meeting in California. He remains an active board member of three international nonprofit groups. He has published three books on Parliamentary Procedure.

Cal Halstead, President of High Voltage Toastmasters Club, presented the fifty-year award to Cleon (see photo at right). His tribute to Leon was

entitled Servant Leadership.

Because Cleon recognizes that Toastmasters training has provided a continuing basis for his growth as a leader, he has maintained his long-term membership. When asked why he stayed, he replied, "I came to learn and stayed to teach."



District 19 Education Awards, July 1-Dec. 31, 2010

Member		Date		Club#	Club	Location
Abels, Tyler J.	CC	8/19/2010	C	55	187	Toast I.T.
Adam, Amy	CC	8/17/2010	B	33	3250	Collins Avionics Club
Ampaire, Agatha	CC	11/5/2010	D	74	875	Town And College Club
Annis, Thomas C	CC	9/10/2010	D	75	4991	John Deere Credit Toastmasters Club
Boardrow, Ken	CC	10/1/2010	B	33	1205	Heritage Toastmasters Club
Boone, Rena	CC	9/10/2010	E	92	7515	Golden Speakers Club
Braun, Seth	CL		E	92	7515	Golden Speakers Club
Braun, Seth	ACB	9/10/2010	E	92	7515	Golden Speakers Club
Breaux, Harry Bruce	CC	8/26/2010	C	51	4477	Ankeny Club
Briggs, Ed	ACB	12/3/2010	A	11	6787	Future Communicators of America
Brooks, Teresa M.	CC	8/19/2010	D	75	4991	John Deere Credit Toastmasters Club
Brown, James Nevell	CC		B	31	101	Waterloo Toastmasters Club
Christensen, Eric	CL	11/9/2010	C	55	9211	Principal Toastmasters Club
Chung, Kueier	ALB		D	74	2187	Ames Toastmasters
Chung, Kueier	CC	8/8/2010	D	74	2187	Ames Toastmasters
Clapp, Yvette M.	CC	9/24/2010	B	34	1564	Kirkwood Keynotes Club
Curry, Stefanie L.	ACB	8/29/2010	D	73	839618	Voices in Motion Club
Driscoll, Marcia Kaye	ACB		B	34	1564	Kirkwood Keynotes Club
Drucker, Steve	CL	8/26/2010	E	94	711779	Quad Cities Executive Toastmasters Club
Drwal, Jason Matthew	CC	8/23/2010	B	36	164	Old Capitol Club
Dusselier, Lauri	CC	9/24/2010	D	74	1765	TGIF Toastmasters Club
Dvorak, Jenifer	CC	12/2/2010	D	75	4605	Johnston Club
Eddy, William J.	ACB	9/23/2010	E	92	1089	Washington Toastmasters Club
Eggleston, Don F.	CL		B	31	8669	Loud Speakers Club
Fegter, Jennifer	CC	7/21/2010	D	72	987584	R&R Realty Group
Fitzpatrick, Brian James	ALB	10/4/2010	B	36	878932	North Dodge Toastmasters
Flowers, Randy Allen	CC		E	94	2790	Moline Toastmasters
Fontanini, James C.	ACB	12/6/2010	D	72	3135	Early Risers Toastmasters Club
Frideres, Mark	ACB	9/17/2010	D	74	504	East Story County Club
Frizell, Teresa R	CC	8/13/2010	C	54	645182	Nexus Toastmasters Club
Galvin, Mark G.	ACG	10/18/2010	A	11	2670	Siouxland Ciceros Club
Goeders, Marcus Allen	CC	10/20/2010	D	73	3193	Regency Club
Graber, Marilyn J.	ACS	11/10/2010	E	92	1089	Washington Toastmasters Club
Grane, Douglas M.	CC	10/11/2010	B	36	1209	Affirmationists Club
Hagg, Timothy F.	ACB	7/6/2010	D	75	4605	Johnston Club
Han, Xiaowei	CC	8/1/2010	B	34		Financial Park Toastmasters
Handy, Jade	CC	7/5/2010	C	55	605919	1100 Toastmasters
Hansen, Todd	CC	7/26/2010	D	73	3193	Regency Club
Hanson, Bennett D.	CC		C	51	4477	Ankeny Club

Harris, Michael A.	CC	7/1/2010	C	54	760340	High Voltage Club	Des Moines
Hartman, Sally	ACS	7/10/2010	B	36	1209	Affirmationists Club	Iowa City
Herrmann, Michael	CC	7/21/2010	D	72	987584	R&R Realty Group	West Des Moines
Hosek, Jamie Lynn	ACB	8/27/2010	C	51	7858	Crosswinds Toastmasters Club	Marshalltown
Jacobs, Adam N	CL	7/21/2010	C	54	645182	Nexus Toastmasters Club	Des Moines
Jacobs, Adam N	ACB		C	54	645182	Nexus Toastmasters Club	Des Moines
Jordan, Andy J	CC	12/4/2010	D	74	184	iToast Toastmasters Club	Ames
Kelchen, Mary M.	CL	9/9/2010	E	91	972362	Tri-State Toasters	Dubuque
King, Karen M	CC		D	72	3135	Early Risers Toastmasters Club	West Des Moines
Knowles, Amy Farber	CL	8/26/2010	C	54	645182	Nexus Toastmasters Club	Des Moines
Kong, Sunny	CC	11/1/2010	D	74	875	Town And College Club	Ames
Korsmo, Casey	ACS	8/30/2010	E	92	9513	Conscious Communicator Club	Fort Madison
Kresky, Stanley Michael	CC	11/1/2010	E	92	7515	Golden Speakers Club	Fairfield
Lacombe, David A	CL		C	51	4477	Ankeny Club	Ankeny
Lacombe, David A	ALB		C	51	4477	Ankeny Club	Ankeny
Larson, Julie A.	ACB		C	53	4804	Tower Toasters Club	Des Moines
Lasso, Nilsen	CC	8/24/2010	D	74	2187	Ames Toastmasters	Ames
Lindaman, Thomas	CC	7/20/2010	D	72	8826	Stagecoach Speakers	West Des Moines
Martinek, Brenda	CL	8/13/2010	E	91	972362	Tri-State Toasters	Dubuque
Mauro, Adam	CL	8/27/2010	A	11	6787	Future Communicators of America	Cherokee
Maxwel, Rick J.	CC		C	51	4477	Ankeny Club	Ankeny
Mba Wright, Mark M.	CC		D	74	184	iToast Toastmasters Club	Ames
McBride, Keith William	ACS	7/27/2010	B	33	3154	Collins Communicators	Cedar Rapids
McLaughlin, Jessica E	CL	7/25/2010	A	12	386	Shibboleth Toastmasters Club	Mason City
Mickelson, Theresa M.	CL	7/21/2010	B	32	684	Downtowners Watts of Talk	Cedar Rapids
Millard, Mary K.	ACB		C	53	4804	Tower Toasters Club	Des Moines
Miller, Deborah L.	ACG		C	55	605919	1100 Toastmasters	Des Moines
Montero, Gabe	CC	9/30/2010	E	93	9592	Stanley Consultants Toastmasters	Muscatine
Nelson, Christina Ranae	CC	8/18/2010	E	91	3588	Speak-Easy Club	Dubuque
Nickell, Matthew John	CC	10/5/2010	D	72	6582	Hy-Vee Corporate Club	West Des Moines
Norris, Gilbert Hood	ACS	8/24/2010	E	94	2790	Moline Toastmasters	Moline
Oetken, Todd Allen	CL		E	92	7515	Golden Speakers Club	Fairfield
Oetken, Todd Allen	CL	9/10/2010	E	92	7515	Golden Speakers Club	Fairfield
Parker, Emma Jane	ACB	7/14/2010	C	54	1937	Statesmen Toastmasters Club	Des Moines
Parker, Emma Jane	CC	8/4/2010	C	53	5819	Talk of Des Moines Club	Des Moines
Paudyal, Durga	CL	8/15/2010	D	74	875	Town And College Club	Ames
Pinkerton, L Christopher	CC		C	55	187	Toast I.T.	Des Moines
Pittenger, Emily JC	ALB	7/21/2010	A	11	2670	Siouxland Ciceros Club	South Sioux City
Puthoff, Michael L	CC	8/26/2010	E	94	711779	Quad Cities Executive Toastmasters Club	Davenport
Reinlasoder, Ray	ACB	10/6/2010	A	11	6787	Future Communicators of America	Cherokee

District 19 Education Awards, continued

Riese, Brenda M.	CC		C	51	4477	Ankeny Club	Ankeny
Rose, Annette M.	CC	7/20/2010	A	13	4996	Red Oak Club	Red Oak
Schleckser, Helen A.	CC		D	72	8826	Stagecoach Speakers	West Des Moines
Soderstrum, Marcus James	CC		D	74	3595	NADL Early Risers Club	Ames
Spoden, Jerald E.	ALB	8/17/2010	B	32	684	Downtowners Watts of Talk	Cedar Rapids
Sposato, Anne	CC	12/2/2010	B	34	617	Hawkeye Toastmasters Club	Cedar Rapids
Steven, Matt	CC	9/7/2010	D	74	2187	Ames Toastmasters	Ames
Stramel, Michelle M.	CC	9/21/2010	B	32	684	Downtowners Watts of Talk	Cedar Rapids
Sudarmawan, Anthony	ACB	8/24/2010	B	36	1209	Affirmationists Club	Iowa City
Teed, Char J	ACB		D	73	839618	Voices in Motion Club	Clive
Voss, Alissa A.	CC		B	36	164	Old Capitol Club	Iowa City
Wadleigh, Donald E.	CC	9/13/2010	E	92	6628	Burlington Area Toastmasters Club	Burlington
Wang, Caixia	CC	9/18/2010	D	74	184	iToast Toastmasters Club	Ames
Ward, Linda D	CC	12/1/2010	E	94	2790	Moline Toastmasters	Moline
Washburn, Sherry J.	ACG	10/4/2010	D	74	3595	NADL Early Risers Club	Ames
West, Joannie	CC	8/5/2010	B	33	3154	Collins Communicators	Cedar Rapids
Willers, Daniel L	CC	8/4/2010	C	54	625	Action Toastmasters Club	Des Moines
Willers, Joann	ACB	8/2/2010	C	54	625	Action Toastmasters Club	Des Moines
Wood, Paul	ACB	8/19/2010	B	33	1205	Heritage Toastmasters Club	Cedar Rapids
Woods-Smith, Debbie L.	CC		C	52	2388	Esquire Toastmasters Club	Des Moines
Zhang, Lifeng	ACS	8/22/2010	D	74	2187	Ames Toastmasters	Ames

District 19 Welcomes New Club

District 19's newest club, Imagination Speakers, will hold its first official meeting on January 26, 2011. They are so new, they haven't yet been assigned a number! We look forward to meeting these new Toastmasters at future Area, Division and District events.

Imagination Speakers meets at GE Capitol, Cedar Rapids, on Wednesdays from 11:30 a.m. to 12:30 p.m. The meetings are open to GE employees.

Contact Stacy Struve at Stacy.struve@ge.com.

The club's mentors are 2009-10 Area 34 Governor Lauri Hughes and Wahyu Boentoro, a former Toastmaster and current club member.

2011-12 District Officer Nominations due March 15

Nominations for 2011-12 District officers are due March 15. Watch for an updated nomination form on the District 19 website.

The District 19 website is at <http://district19.me>. Click on the Resources tab or in the far-right column under TM Quick Links, choose Documents & Resources. On the page that follows, click on the 2011-12 nomination form.

The form includes instructions for submitting your nominations. Nominations Chair, Doug Nelson IPDG dlnelson@netins.net

District Marketing/Membership Incentives

Kueier Chung, DTM, Lt. Governor Marketing

Area Governors: An Area Governor who charters a club in his or her Area will receive free registration for the next conference following the chartering date.

Members: Any Toastmaster who charters a new club will receive free registration for the next conference following the chartering date.

The third quarter membership campaign is from January 1 to March 31.

Within this time period:

1. Clubs that hold an open house AND gain three to four new members in the ensuing month will be awarded a \$30 gift certificate to the TI store.
2. Clubs that hold an open house AND gain five or more new members in the ensuing month will be awarded a \$60 gift certificate to the TI store.
3. Individuals who sponsor four or more new members (according to the TI records, http://www.toastmasters.org/10_11_sponsors) will be awarded a \$30 gift certificate to the TI store at the spring conference. Information must be sent to Lt. Governor Marketing by the club president and confirmed by the Area or Division Governor.

Club Dues Special: Clubs that submit their dues between March 1 and March 27 will be placed in a drawing for a chance to win a gift certificate to the TI store for \$50 (1), \$30 (2), \$20 (2) at the spring conference.

The fourth quarter membership campaign is from April 1 to June 30.

Within this time period, individuals who sponsor four or more new members (according to the TI records, http://www.toastmasters.org/10_11_sponsors) will be awarded a \$30 gift certificate to the TI store.

Club Officer List Submission: Clubs that submit their officer list between May 1 and June 15 will be placed in a drawing for a chance to win a gift certificate to the TI store for \$50 (1), \$30 (2), \$20 (2) at the fall conference.

Winners of the First and Second Quarters Membership Campaigns:

The second quarter membership campaign (October 1 to December 31) winner is DTM Reginald Williams of Club #9592, the Stanley Consultant Toastmasters. Reginald recruited four new members and will receive his \$30 gift certificate.

The individual winner of the first quarter membership campaign is CC, CL Mark Oehler of Aegon Articulators Club #1282753. Mark recruited four new members and was awarded a \$20 gift certificate to the TI store.

The winning clubs of first quarter (July 1 to September 30) that gained four or more new members were:

Division A:

Area 11–Club# 2670 Siouxland Ciceros–5 new members

Division B:

Area 32–Club# 684 Downtowners–5 new members
Club#1282753 Aegon Articulators–6 new members
Area 33–Club#3250 Collins Avionics–10 new members

Area 34–Club#1564 Kirkwood Keynotes–4 new members

Division C:

Area 51–Club#4477 Ankeny–4 new members

Division D:

Area 72–Club#8826 Stagecoach–5 new members
Area 73–Club#3193 Regency–5 new members

Division E:

Area 92–Club# 7515 Golden Speakers–5 new members

Area 93–Club# 1039 HNI Corporation–20 new members

Area 94–Club# 711779 Quad Cities Executives–5 new members

The presidents of all the first-quarter winning clubs have been notified by email. Of these eleven clubs, five have claimed their prizes. The presidents or VPs Membership of the other six winning clubs should claim their prizes before February 28, the expiration day.

A Busy Day in District 19

New Division E Advanced Club Meets in Quad Cities

by Mike Anderson, DTM, President Crossroads Storytellers

On Saturday, January 8, about twenty Toastmasters from the Quad Cities area met for a preliminary meeting of a new advanced club. The club is taking over the charter of the Quad Cities Executives Club #1325.

Leading the effort are Acting President Kristin Bruchmann and Areas 93/94 Governor Don Wadleigh. For this initial meeting, five members of the advanced club, Crossroads Storytellers, traveled to the Quad Cities and joined two other members who live in the Quad Cities area to provide a demonstration.

The Crossroads members showed how they use a Round Robin Evaluation technique and how they implement improvisation skits instead of Table Topics.

For more information about the new Quad Cities club, contact Kristin Bruchmann at lamsong@aol.com.



Members of new Quad Cities advanced club are pictured with visiting Crossroads Storytellers

Contest Veterans Speak to Altoona ProAchievers

By Joan Johanson, DTM, PDG, PID, Professional Achievers

Jack Ackerman, Tom Lindaman, and Kory May were panelists at the meeting of the Professional Achiever's advanced club on January 8. Each of them has been a contestant in a Toastmasters International speech contest.

The three shared facts, insights, personal experiences, and great lessons learned from their contest experiences and other contest winners. Their insights were applicable to those considering entering a speech contest, to anyone who conducts dialogues relative to the workplace, and to the area of professional speaking for pay.

Also, club member Anne Sposato received the monthly New Idea Award for exceptional information provided in her speech.

Professional Achievers meets monthly in the Community Room of the Altoona Hy-Vee store.



Panelists Jack Ackerman, Tom Lindeman and Kory May, each a District 19 contestant in a Toastmasters' International Speech contest, spoke to Altoona ProAchievers.

Dress for Toastmasters Success

by Paul Engel, CTM, Vice President/PR,
Professionally Speaking

At the January 8 Professionally Speaking advanced club meeting in Sioux City, Judith Lindberg, PhD, of Wayne State College shared her expertise on projecting a professional image. Dr. Lindberg stressed that dressing for success goes beyond just wearing a dark suit and power tie.

She taught the club about the four seasons of color selection and how to identify which season is most appropriate for each person's natural color. She answered the age old questions of when to wear stripes, what tie is appropriate with a striped shirt, and how to build your dream closet one piece at a time.

Diane Hargens, Dean of the Business Program at Western Iowa Tech, was a guest at the meeting.

The Professionally Speaking group meets the first Saturday of every month at Western Iowa Tech Community College, 4647 Stone Avenue, Sioux City, Iowa from 9 to 11 am.

The next meeting will be about using social networking sites to market your business. If you would like to attend contact john@johnpaulengel.com to RSVP.

Mid-Year Division TLI

by Henry Chen, Division D Governor

The Mid Year TLI took place on January 8, 2011 at West Des Moines Public Library, from 1-4 pm. We had a great turnout. In total, 59 officers were trained. Of the 59 officers, 25 were from Division C, 29 were from Division D, and 5 were from Division E.

The event featured a keynote speech by Past District Governor Pat Amadeo who pumped us up with her talk entitled "Just Do It!" This was followed by an hour of officer training and sharing of ideas.

Attendees then played a trivia game called "Are You Smarter Than A Toastmaster?" Toastmasters competed against each other as they tried to see who could answer Toastmaster questions the fastest.

The meeting ended with an encouraging speech from the Lt. Governor of Marketing Kueier Chung who urged us to boldly tell others about Toastmasters. Kueier also had a prize drawing, which everyone enjoyed.

To go along with the Spring District Conference theme of "Embrace Diversity", Kringla (Scandinavian), and Rice Crackers (Chinese) were served.

The event received a warm evaluation. People loved the energy, the officer discussions, and had fun with the trivia game. With so much enthusiasm fired up from the TLI, we will surely have a great second half of the Toastmaster year!

In Memory of Jeanne Hunt

Former Toastmaster and Division D Governor Jeanne F. Hunt, 67, of Peoria, Illinois, formerly of Urbandale, Iowa, passed away on Friday, January 7, 2011, at Proctor Hospital in Peoria.

Funeral services were held on January 12 at Clary Funeral Home, 428 West McClure Avenue in Peoria. Interment was in Swan Lake Memory Gardens in Peoria. She was preceded in death by her parents and two brothers. Jeanne is survived by two daughters, one brother, one sister, and several grandchildren.

Jeanne was a longtime member of the Des Moines Toastmasters club Opportunity Knocks.

For a full obituary and to leave condolences, go to <http://jeanna-hunt.last-memories.com/>



Other News From District 19

District 19 Toastmaster and Author Nominated for Edgar Allan Poe Award

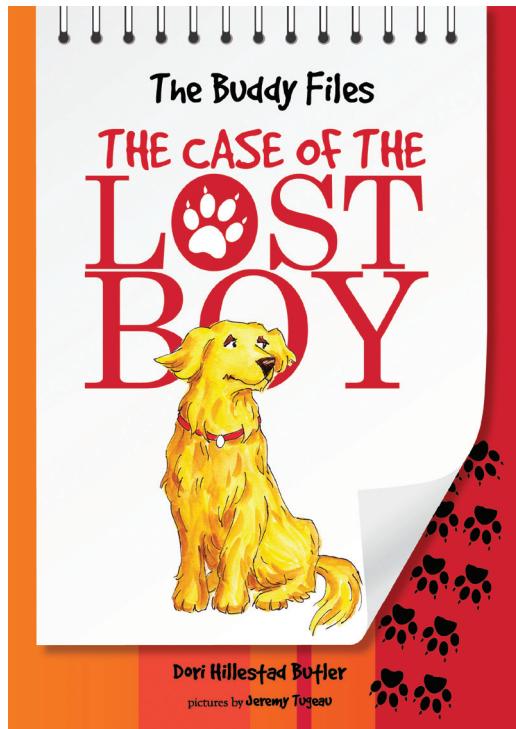
Dori Hillestad Butler, children's author and member of Old Capitol Toastmasters #164 in Iowa City, is a nominee for an Edgar Allan Poe Award.

Mystery Writers of America (MWA) recently announced its nominees for the 2010 Edgar® Awards which honor the best in mystery fiction, non-fiction, and television published or produced in 2010. Dori's book, *The Buddy Files: The Case of the Lost Boy*, is a nominee in the Best Juvenile Fiction category.

The book is one in a series about Buddy, a school therapy dog who solves mysteries. The stories are told from Buddy's point of view.

The Edgar® Awards, widely acknowledged to be the most prestigious awards in the mystery genre, will be presented to the winners on April 28, 2011 at the Grand Hyatt Hotel in New York City. Mystery Writers of America is the leading association for professional crime writers in the United States. Its members include most major writers of crime fiction and non-fiction, as well as screenwriters, dramatists, editors, publishers, and other professionals in the field.

Dori has been a member of Old Capitol Toastmasters for four years. We wish her luck!



The Buddy Files: The Case of the Lost Boy by Dori Hillestad Butler has been nominated for an Edgar Award by the Mystery Writers of America. Dori is a member of Old Capitol Toastmasters in Iowa City.



Dori Hillestad Butler poses with her dog Mouse who is the inspiration for Buddy, the therapy dog who solves mysteries.

Ravens, Bog Monsters and Witches

By Connie Gordon, DTM

In the still of the evening, just as day turned to night, the famous story of *The Raven* could be heard at Pritchard's Coffee & Bookstore in Southridge Mall, Des Moines, Iowa.

Suspense ran high as Toastmasters from Action, NADL, Opportunity Knocks, and Principal shared family friendly Halloween stories about ghosts, bog monsters, and Gretchen the witch.

Action Toastmasters used this storytelling opportunity to hand out flyers about their club to mall patrons. The patrons were invited to listen to the Halloween stories and to visit Action Toastmasters for a regular meeting on Mondays at 6:30 pm at the Okoboji Grill.

Future storytelling events are being planned. If you are interested in participating, please contact the club for more details.

From Left to Right: Jo Ann Willers, Daniel Willers, Craig Fraser, Mark Gordon, Bessie (Emma) Parker, Connie Gordon and Sherry Washburn. (Not Pictured: Bob Merkley)



Bob Merkley presents Bog Stories in the Irish Tradition.



A Toastmasters Visit from Charles Dickens

by Julia Venzke, DTM, PRO

Toastmaster Paul Wood recently portrayed Charles Dickens at a Victorian Christmas at the Granger House Museum in Marion, Iowa.

Paul is a poet and writer of children's stories and novels. Once a policeman in Liverpool, England, Paul embarked on a new career that took him across Africa, through Asia, Europe and the Pacific region.

He now resides near Cedar Rapids with his wife Dorothea. Paul is the VPE of Heritage Toastmasters and a new member of the Five Seasons Parliamentarians club.

My First District Conference

by Julie Reuter, Hawkeye Toastmasters #617

My first Toastmasters conference was truly inspiring! I heard incredible speeches, met amazing leaders, and learned more about the opportunities that Toastmasters has to offer. I left the conference completely motivated to become further involved.

Surprisingly, deciding to attend my first conference took some time. I joined Toastmasters early in 2010 and the spring conference was held in Des Moines. My discussion with myself about attending the conference went like this: Should I go or shouldn't I go? Do I really have time to attend the conference?

In the end, I did not go to the spring conference, but I promised myself I would attend in the fall. Once I received information on the fall conference in Sioux City, I said to myself why does it have to be clear across the state! I didn't allow further argument with myself but reminded myself that I had committed to attending.

The drive was a really great experience as a group of Toastmasters from Division B jumped into a couple vans and journeyed across the state of Iowa.

And yes, Division B Rocks! I arrived at the conference thinking this will be a nice time to sit back and learn more about Toastmasters. I would get some great speech ideas and meet new friends. Then during the First Timers meeting, I learned I would not be sitting in the background during my first conference because first-timers have the right to be first in line for meals, at all elevators, at all social functions, in restrooms during breaks, and for any reception receiving line.

Toward the end of the conference, everyone received an invitation to the spring 2011 conference in Ames, Iowa. I signed up right away.

Now, if any of you are having arguing with yourselves about attending the spring district conference I urge you to sign up to attend! I hope to see everyone in Ames for the Embrace Diversity Conference on May 20 and 21.



Julie Reuter attended her first District 19 conference in Sioux City in November 2010.

Do You Know How Friendly Fire Changed The Outcome Of The Civil War? (And Other Things I Learned at Toastmasters)

By Roy Furr, Member, TGIF Toastmasters, Ames

I thought I was getting into Toastmasters to improve my public speaking, and I was. But perhaps the most pleasant surprise since joining TGIF Toastmasters in Ames in October 2010 is what I've learned.

Did you know "friendly fire" changed the outcome of the Civil War? I didn't, but then I learned from Steven Wessman how many times southern generals, mistaken for northern soldiers, were shot and killed as they returned to their camps from reconnaissance missions.

And Woodstock. Most of us instantly think of hippies and free love, but our club's president, James Wettestad, who served in Vietnam, reminded us that those same days were among the bloodiest of the war. His speech made me think of how small my view is of certain historical events and why it's so important to remember those who've served our country.

Kris Bryden, a music professor at Iowa State University (ISU), revealed to us how monarch butterflies' annual migration brings them through central Iowa. After hundreds of miles of flight, they love to see milkweeds and other flowers in our gardens. I loved spotting monarchs before, and I learned what to do to make my garden a monarch magnet!

TGIF Toastmasters draws heavily from ISU, the United States Department of Agriculture, and especially from Farmer's Co-op where some of our

meetings are held. While many of us have the same employers and a common interest in improving our communication skills, our diverse viewpoints make every meeting interesting.

Rana Biswas, our Vice President Education and a physicist at ISU, turned the manual's requirement for a technical presentation into a compelling look at Australia. He has given a fascinating account of his experiences in Australia enriched with history and well-chosen technical details.

Of course, we often bring our careers into our speeches, too. I write direct marketing and advertising, and in a recent speech I shared a simple four-part persuasion formula I use in writing advertising to directly generate sales. But I didn't stop there. I shared other scenarios in which the formula works including creating persuasive Toastmasters speeches, in writing memos to employees and coworkers, and even in personal conversation.

I invite you to come to our next meeting. We've added new members recently, particularly from Farmer's Co-op, thanks to constant promotion by our Vice President Public Relations, Roger Hayes. I can't wait to hear what they have to share with us.

We meet on Fridays from 12:15 to 1:00 p.m. and alternate our meetings between Youth and Shelter Services and Farmer's Co-op. For our schedule and location, e-mail our club president James Wettestad at jandfwettestad@gmail.com





EMBRACE DIVERSITY

MAY 20 – 21, 2011
DISTRICT 19, SPRING 2011 CONFERENCE
Gateway Hotel Conference Center
2100 Green Hills Drive
Ames, IA 50014

Name (to be printed on badge): _____

TM Level(s) achieved (CC, AL, DTM, etc.): _____ Guest?: Y N

E-mail: _____

OR mailing address: _____

Phone: _____ Is this your first District 19 Conference?: Y N

Home Club Name: _____ Club Number: _____

Full Conference Registration

<input type="checkbox"/> Nov 23 – Dec 31, 2010	\$100
<input type="checkbox"/> Jan 1 – Mar 31, 2011	\$115
<input type="checkbox"/> Apr 1 – May 1, 2011	\$125
<input type="checkbox"/> After May 1, 2011 until Conference	\$135

Individual Event Registration

<input type="checkbox"/> Registration Only (no meals):	\$75
<input type="checkbox"/> Plus: Breakfast	\$15
<input type="checkbox"/> Plus: Saturday Lunch	\$20
<input type="checkbox"/> Plus: Saturday Banquet	\$35

Meal Selections (please check one, if applicable):

Friday evening: Hors d'oeuvres

Saturday Breakfast: (coffee, juices, scrambled eggs, hash browns, bacon, sausage, muffins, and butter)

Saturday lunch: Grand Deli Buffet (sandwiches, salads, soup, and hot entrée)

Saturday Banquet: Beef Chicken Pork Loin Salmon

Special dietary needs: _____

**Meals cannot be guaranteed for reservations received after May 15, 2011.*

Make check payable to: "District 19 Toastmasters" and mail with registration form to:

Debbie Woods-Smith

PO Box 41012

Des Moines, IA 50311

Questions: debiws@hotmail.com or call 515-243-5026

Accommodations: A block of rooms have been reserved at Gateway Hotel Conference Center. Call 1-888-497-1273 and ask for the Toastmaster rate of \$89. This rate based on availability.

The District 19 web site will be updated to include events, schedules, online payments, etc.